

## October Lunch Menu

Baldwyn School District



October is Breast Cancer Awareness Month



MONDAY	(TUESDAY)	WEDNEEDAY	THURSDAY	FRIDAY
Mexican Day	Italian Day	Soul Food Day	Manager Choice Day	Seafood Day
10/2 Chili Cheese Corn Chips,	10/3 Chicken Alfredo w/	10/4 BBQ Chicken w/Roll or	10/5 Corndogs Hamburgers,	10/6 Seafood Basket or Grilled
Burritos or Salad , pinto beans,	Garlic Toast, Ham & Cheese	Turkey Wrap w/ Chips,	or Salad, baked beans , corn on	Chicken Sandwich, coleslaw,
mexican corn, fruit, milk, juice	Hoagie w/chips, green beans,	au gratin potatoes, green peas,	cob , fruit, milk	baked spicy fries, juice, fruit,
	tossed salad, fruit, juice, milk	fruit, juice, fruit, milk		milk
Breakfast- French Toast Sticks			Breakfast-Bacon Egg Cheese	
or Sausage Gravy & Biscuit,	Breakfast-Pop tarts or Ham	Breakfast- Chicken & Biscuit or	and Biscuit or Cereal Bar fruit,	Breakfast-Pizza, or Cereal, fruit,
fruit, juice and milk	and Biscuit, fruit, juice and	Breakfast Sliders, fruit, juice,	juice, and, milk	juice, milk
	milk	and, milk		
10/9	10/10	10/11 Vegetable Soup w/PBJ,	10/12 Cheeseburger or Pigs -N-	10/13 Fish Melt Sandwich or
On Columbus Day, head straight for a great time (	at the set of	Ham & Cheese Hoagie w/chips,	Blanket, corn on cob, steamed	Turkey Hoagie w/ chips, baked
	- 10 0	or Salad, garden salad, carrot	broccoli, juice, fruit, milk	beans, coleslaw, fruit, milk
		w/dip,fruit juice, milk		
	1000		Breakfast-Pancake Pups, or	Breakfast-Pop tarts or Chicken
		Breakfast-Breakfast Sliders	Cereal Bars, fruit, juice, and,	& Biscuit, fruit, juice, and, milk
SCHOOL OUT	FALL BREAK	or Breakfast Breads , fruit,	milk	
	TABLE DICTION	juice, and, milk		
10/16 Nacho Grande or	10/17 BBQ Chicken Flatbread	10/18 County Fried w/Gravy	10/19 BBQ Nachos,	10/20 Fish Nuggets or Spicy
American Hoagie w/Chips or	Pizza, Hamburgers, or Salad,	Turkey Hoagie w/ chips ,or	Ham & Cheese Wrap Chips, or	Chicken Sandwich, green beans,
pinto beans , corn, fruit, milk	Broccoli salad, raw veggies,	Salad, Mashed potatoes ,	Salad, baked beans,	baked fries, fruit, juice, milk
	fruit, milk	blacked eyed peas ,fruit, juice,	coleslaw ,fruit milk	
		milk		
Breakfast-Cinnamon Rolls or	Breakfast-French Toast	Breakfast- Ham & Biscuits or	Breakfast-Breakfast Bagels,	Breakfast- Breakfast Pizza or
Cereal, fruit juice, and milk	Sticks or Sausage and Biscuit,	Breakfast Breads , fruit, juice,	or Pop Tarts, fruit, juice, and,	Mini Waffles , fruit, juice, and,
	fruit, juice and milk	and, milk	milk	milk
10/23 Beef Taco w/Crispy	10/24 Spaghetti w/ Garlic	10/25 Mac & Cheese w/Slice	10/26 Chicken Tenders	10/27 Seafood Basket or
Shells or Turkey Wrap w/Chips,	Toast, Ham & Cheese Hoagie	Ham & Roll, Tuna Salad	w/Rolls or Turkey & Cheese	Hamburgers, coleslaw, baked
corn, pinto beans, fruit, juice,	w/chips, green beans, tossed	Sandwich, w/Chips or Salad,	Hoagie w/Chips, mashed	spicy fries, juice, fruit, milk
milk	salad, fruit, juice, milk	1/2 baked potatoes, green	potatoes, cheesy veggies, fruit,	
		beans, fruit juice, milk	milk	Breakfast- Cereal Bars or
Breakfasts-Pop tarts or Sausage	Breakfast- Cereal or Cinnamon		Breakfast-Breakfast Bagels,	Chicken & Biscuit, fruit, juice,
& Biscuit, fruit, juice, and milk	Roll, fruit, juice, and, milk	Breakfast- Ham & Biscuits or	or Yogurt Parfait, fruit, juice,	and, milk
		Muffins , fruit, juice, and, milk	and, milk	



10/30 Chicken Quesadilla w/Spanish Rice ,Turkey & Cheese Hoagie w/chips, or Salad, pinto beans , corn, fruit, milk

Breakfast- French Toast Sticks or Sausage and Biscuit, fruit, juice and milk 10/31 Marinara Meatball Hoagie or Spicy Chicken Sandwich, green beans, baked fries, fruit, juice, milk



Breakfast-Pop tarts or Ham and Biscuit, fruit, juice and milk 11/1 Cheesy Chicken <u>Over Rice</u> w/Roll, Pulled Pork Burger or Salad, Italian sliced carrots, steamed veggies, fruit, juice, milk

Breakfast- Chicken & Biscuit or Breakfast Sliders, fruit, juice, and, milk 11/2 Hot Wing w/ Garlic Toast, Hamburger, or Salad, celery sticks, baked fries, fruit juice

Breakfast-Bacon Egg Cheese and Croissant or Cereal Bar fruit, juice, and, milk 11/3 Fish Melt Sandwich or Hotdogs, baked beans, coleslaw, fruit, milk

Breakfast- Pizza, or Cereal, fruit, juice, milk



