

BALDWIN SCHOOL DISTRICT

Menu for NOVEMBER 2018

This institution is an equal opportunity provider. Menus are subject to change.

Monday, November 5

Breakfast

BREAKFAST PIZZA
MINI CINNIS

Lunch

CHICKEN BACON CLUB
W/CONDIMENTS
TUNA SALAD SANDWICH
W/STRING CHEESE
CHEF SALAD W/ STRING
CHEESE
POTATO WEDGES
GREEN PEAS

Monday, November 12

Breakfast

BACON EGG AND CHEESE
BISCUIT
ASSORTED CEREAL

Lunch

BEEF TACO
CHICKEN QUESADILLA
CHEF SALAD W/ STRING
CHEESE
CORN ON COB
SPANISH RICE

Tuesday, November 6

Breakfast

PANCAKE PUP W/SYURP
BISCUIT W/GRAVY

Lunch

MAC & CHEESE W/ HAM SLICE
BREADED CHICKEN
SANDWICH W/CONDIMENTS
CHEF SALAD W/ STRING
CHEESE
YEAST ROLL
BAKED BEANS
CREAMY COLESLAW

Tuesday, November 13

Breakfast

BREAKFAST PIZZA
MINI CINNIS

Lunch

GRILLED CHICKEN SANDWICH
W/ TRIMMINGS &
CONDIMENTS
TURKEY WRAP
CHEF SALAD W/ STRING
CHEESE
BLACK EYE PEAS
SWEET POTATOES

Wed., November 7

Breakfast

ASSORTED CEREAL
HAM AND Biscuit w/Jelly

Lunch

MEATBALL ROTINI
MANDRIAN CHICKEN
CHEF SALAD W/ STRING
CHEESE
CHEESY BROCCOLI
BAKED SWEET POTATO

Wed., November 14

Breakfast

PANCAKE PUP W/SYURP
BISCUIT W/GRAVY

Lunch

TURKEY & DRESSING
COLLARD GREENS
MAC & CHEESE
SWEET POTATOES
ROLL
(FREE TEA W/ENTRÉE)

Thursday, November 1

Breakfast

FRENCH TOAST STICKS
SAUSAGE AND BISCUIT

Lunch

LOADED BAKED POTATO
GRILLED CHICKEN SAND.
W/ CONDIMENTS
BLACK EYE PEAS
SWEET POTATO CUBES

Friday, November 2

Breakfast

ASSORTED CEREAL
HAM AND BISCUIT W/JELLY

Lunch

BONELESS BBQ CHICKEN
PIECES
CHEESE PIZZA
LOADED BAKED POTATO
CORN ON COB
PINTO BEANS

Thursday, November 8

Breakfast

FRENCH TOAST STICKS
SAUSAGE AND BISCUIT

Lunch

CHICKEN GUMBO
TURKEY & CHEESE HOAGIE
W/CONDIMENTS
LOADED BAKED POTATO
BABY CARROTS W/ DRESSING
CORN ON COB
MEXICAN CORNBREAD

Thursday, November 15

Breakfast

ASSORTED CEREAL
HAM AND Biscuit w/Jelly

Lunch

PHILLY CHEESE STEAK SAND.
BREADED CHICKEN SAND.
W/CONDIMENTS
LOADED BAKED POTATO
BLACK EYE PEAS
CREAMY COLESLAW

Friday, November 9

Breakfast

BREAKFAST BURRITO
TOASTER PASTRY

Lunch

SAUSAGE PIZZA
HAMBURGER W/ TRIMMINGS
W/CONDIMENTS
LOADED BAKED POTATO
BROCCOLI SALAD
PINTO BEANS

Friday, November 16

Breakfast

BREAKFAST BURRITO
TOASTER PASTRY

Lunch

CHEESE PIZZA
HAMBURGER W/TRIMMINGS
& CONDIMENTS
LOADED BAKED POTATO
GLAZED CARROTS
GREEN PEAS

AVAILABLE DAILY

BREAKFAST

*Fresh Fruit, Assorted Juice, Milk
Choices*

LUNCH

*Canned Fruit, Assorted Fruit
Juice, Milk Choices*

SPECIAL FEATURES

*Pre Order Chef Salad-M-T-W
Pre Order Loaded Baked Potato-
Thur.& Fri*

*Daily Yogurt and Sandwich
Combo-
BES (ONLY)*

*Dessert Choice
BES- Mon.&Fri.
BMS-Tue.& Thur.
BHS-Daily*



DON'T FORGET!

TURN BACK TIME

SUNDAY, NOV. 4



What's on
YOUR
plate?



**Find the two dozen
Thanksgiving words!**

- | | |
|---------|--------------|
| AMERICA | MAYFLOWER |
| COLONY | PIE |
| COOK | PILGRIMS |
| CORN | PLYMOUTH |
| ENGLAND | PUMPKIN |
| FALL | SAIL |
| FAMILY | SETTLERS |
| FEAST | SQUASH |
| FREEDOM | STUFFING |
| GRAVY | THANKSGIVING |
| HARVEST | TURKEY |
| MAIZE | YAMS |



S M K E Y D E Z I A M C N N
P U M P K I N G G K A O G Z
M C M R G L G M C O L O N Y
O M O C R H L F F T T K I X
B I D S Q U A S H S E D V P
A S E C O R N M A E A D I I
J E E I P A D E E V G W G L
E N R T I L F M Y R N J S G
O O F M T K Y E S A I L K R
O C D R G L K M E H F C N I
L I I P I R E W O L F Y A M
B S G M U L A R B U U W H S
Z F A T P O D V S I T U T A
J F A L L S M A Y H S H Z B

Learn more at www.CHOOSEMYPLATE.gov or
http://kidshealth.org/kid/stay_healthy/food/pyramid.html

ENJOY YOUR
HOLIDAY!



SEE YOU
MONDAY!

Monday, November 26

Breakfast

FRENCH TOAST STICKS
SAUSAGE AND BISCUIT

Lunch

CHILI CHEESE CORN CHIPS
TURKEY & CHEESE WRAP
CHEF SALAD
MEXICAN CORN
GLAZED CARROTS

VEGETABLE



Sweet Potatoes

Sweet potatoes are delicious whipped, mashed, baked in the skin, or cut into fries. And however you eat them, they're loaded with lots of beta-carotene and other good stuff!

OF THE MONTH

Tuesday, November 27

Breakfast

ASSORTED CEREAL
HAM AND BISCUIT W/JELLY

Lunch

CHEESY CHICKEN OVER RICE
HAMBURGER W/ TRIMMINGS
& CONDIMENTS
CHEF SALAD
Roll
Black Eye Peas

Wed., November 28

Breakfast

BREAKFAST PIZZA
MINI CINNIS

Lunch

BBQ NACHO
HAM AND CHEESE MELT W/
TRIMMINGS
CHEF SALAD
CORN
SWEET POTATO
Chef Salad

Thursday, November 29

Breakfast

PANCAKE PUP W/SYURP
BISCUIT W/GRAVY

Lunch

SALISBURY STEAKW/ GRAVY
MEATBALL SUB SAND.
W/ TRIMMINGS &
CONDIMENTS
LOADED BAKED POTATO
MASHED POTATOES
BLACK EYE PEAS
Roll

Friday, November 30

Breakfast

ASSORTED CEREAL
HAM AND Biscuit w/Jelly

Lunch

SAUSAGE PIZZA
HAMBURGER W/ TRIMMINGS
& CONDIMENTS
LOADED BAKED POTATO
CORN ON COB
PINTO BEANS

★ OUR NATION'S HISTORY ★

When the bald eagle was adopted as a national emblem in 1782, Ben Franklin opposed the choice of that "cowardly" bird. His choice? The noble turkey, which he described as "a much more respectable bird, and a true original Native of America, which would not hesitate to attack a British Soldier who should presume to invade his farm yard with a red coat on."

★ WITH LIBERTY & JUSTICE FOR ALL ★